



Tait's Fit and Fun Day

Friday, June 12th, 2026

Shape of the Day

8:30-8:45am	Wheels Parade Participants: Park your bicycle or scooter in front of the mural by your team colour.
8:45-9:00am	Classroom attendance
9:00-9:45am	All teams warm-up in the gym with Ms. Kenakin. Wheels Parade - students are invited to decorate their bicycles or scooters and must wear a helmet!
9:45-10:30am	Stations 1, 2, 3
10:30am	Preschool Race and Snack Break
11:00-11:45am	Stations 4, 5, 6
11:45 - 12:30	Lunch - Thank you to our PAC for providing one slice of pizza for each student. Please bring snacks and a water bottle.
12:30-1:30pm	Meet in our Colour Teams, Clean up, Tug of War
1:45pm	Students dismissed

Important Information

- **Students are invited to dress in their team colour:**
- **Red, Blue, Yellow, Green**
- **Fit and Fun Day will be rain or shine - we will move our activities inside if it rains**

We are looking forward to a fun day of activities!